



WELLNESS

SERMON NOTES

August 8, 2021



METROPOLITAN BAPTIST CHURCH

Arthur Connor Jr

CHURCH WELLNESS

(GALATIANS 5)

The Spirit enables us to live in a state of good _____ (v13-14)

It's _____ to live in bickering and strife (v15)

Those who are apart of the _____ are called

to live by the Spirit by keeping in step with the Spirit. (V16-18, 25)

The acts of the flesh are _____ (v19-21)

The acts of the Spirit are _____ (vv22-24)

LOVE - Affection for others

JOY - Exuberance about life

PEACE - Serenity

Patience- A willingness to stick with things

Kindness- A sense of compassion in the heart

Goodness- Kindness shown to others

Faithfulness- Involved in loyal community

Gentleness- Not needing to force our way in life

Self-Control- Able to direct our energies wisely

The Spirit Enables Us to _____ (vv25-26)

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