



# WELLNESS

## SERMON NOTES

August 15, 2021



METROPOLITAN BAPTIST CHURCH

Gary Wallace

## FINANCIAL WELLNESS

- The Principles of Balance requires: (Clear Objective, Concentration, & Constant Correction)
- Mark 12:28-31 “One of the teachers of the law came and heard them debating. Noticing that Jesus had given them a good answer, he asked him, “Of all the commandments, which is the most important?”
- Mark 12:29-31 “The most important one,” answered Jesus, “is this:” Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.’ 31 The second is this: Love your neighbor as yourself.’
- God’s Prescription for a Balanced Life: (1) \_\_\_\_\_, (2) \_\_\_\_\_, (3) Love Yourself
- God’s Prescription for a Balanced Life: (1) \_\_\_\_\_, (2) Love Others, (3) Love Yourself
- God’s Prescription for a Balanced Life: (1) Love God, (2) Love Others, (3) Love Yourself
- The only 3 things that you can do with money are: Live, Save, and/or Give
- GOD’s Priority order for financial wellness is: (1) GIVE. (2) SAVE. (3) LIVE
- **(1) Give to God and Others first.**
- “Bring the whole tithe into the storehouse, that there may be food in my house. Test me in this,” says the Lord Almighty, “and see if I will not throw open the floodgates of hlife eaven and pour out so much blessing that there will not be room enough to store it
- **(2) Begin Saving NOW.**
- **Begin Saving NOW because (A) Troubles will come.**
- John 16:33a “In this life, you will have trouble...”.
- **(2) Begin Saving NOW because (B) Winter will come.**

Prov 6:6-8 “6 Take a lesson from the ants, you lazybones. Learn from their ways and become wise! 7 Though they have no prince or governor or ruler to make them work, 8 they labor hard all summer, gathering food for the winter.”

- **(2) Begin to Save now**

- **(3) Live and Enjoy**

Ecc 3:13: <sup>13</sup>And people should eat and drink and enjoy the fruits of their labor, for these are gifts from God

*Ecc. 5:18 18 Even so, I have noticed one thing, at least, that is good. It is good for people to eat, drink, and enjoy their work under the sun during the short life God has given them, and to accept their lot in life.*

*Ecc. 5:19 19 And it is a good thing to receive wealth (possessions) from God and the good health to enjoy it. To enjoy your work and accept your lot in life—this is indeed a gift from God.*

- Give.Save.Live is done by practicing “Income Percentage Allocation
- **Pre-decide the percentage to GIVE, and take that out first, before you save, and before you spend.**
- **Pre-decide the percentage to SAVE, and take that out next**
- **Live on the difference by budgeting for your “Needs” as well as your “Wants”.**
  
- GIVE.SAVE.LIVE. 10.20.REST(70).
- GIVE (Preachings, Passions, Proddings)
- SAVE (Short Term, Mid Term, Long Term, Retirement)
- LIVE (Needs, Debts, Wants/Enjoyment)
  
- **GOD WANTS YOU TO HONOR HIM WITH EVERY THING**